

# BRUNCH DEL BULK

**bulk**  
GIANCARLO MORELLI

SERVITO LA DOMENICA  
DALLE 11:00 ALLE 16:00

## PER COMINCIARE

<b>PATABULK</b> Patata schiacciata e panna acida	€ 8	<b>CEVICHE</b> Di dentice e cipolla rossa	€ 20
<b>CAVIALE</b> 10 g € 25 30 g € 70 50 g € 115		<b>TARTARE DI MANZO</b>	€ 20
<b>SALMONE</b> Salmone, chips di pane, insalatina di cetrioli e panna acida	€ 20	<b>GUACAMOLE</b> Di avocado e chips di polenta	€ 8
		<b>BOCCONCINI DI POLLO</b> In pane grissino e maionese piccante	€ 16

## UOVA E OMELETTE

<b>GREEN &amp; WHITE</b> Uova strapazzate scalogno e cream cheese	€ 13
<b>GOLDIE LOX</b> Uova strapazzate, salmone affumicato e cream cheese	€ 16
<b>CLASSIC EGGS BENEDICT</b> Bacon, salsa olandese, peperoni, erba cipollina	€ 14
<b>SALMON EGGS BENEDICT</b> Salmone affumicato, salsa olandese, peperoni, erba cipollina	€ 16
<b>GARDEN OMELETTE</b> Omelette con verdure dell'orto	€ 12
<b>FARMER'S OMELETTE</b> Spinaci & formaggio di capra	€ 12
<b>ENGLISH BREAKFAST</b> Due uova con salsiccia, bacon e fagioli	€ 18

## BURGER

<b>BURGER</b> Pane fatto in casa, carne di manzo, cipolla, insalata	€ 18
<b>BACON BURGER</b> Pane fatto in casa, carne di manzo, bacon, cipolla, insalata	€ 18
<b>CHEESEBURGER</b> Pane fatto in casa, carne di manzo, cipolla formaggio	€ 18

NB : TUTTI I NOSTRI BURGER SONO SERVITI  
CON PATATINE FRITTE, (KETCHUP, MAIONNAISE E SENAPE)

## INSALATE, TOAST CLUB SANDWICH

<b>NON IL SOLITO TOAST</b> Prosciutto e formaggio a modo nostro	€ 10
<b>TOAST DI AVOCADO</b> Avocado, uovo e cream cheese	€ 13
<b>CAESAR SALAD</b> Pollo, lattuga, parmigiano, crostini, salsa	€ 18
<b>FANTASIA DELLO CHEF</b> Insalata come vuole lo Chef	€ 15
<b>CATALANA SALAD</b> Astice, gamberi, avocado, pomodoro, cipolla	€ 20
<b>CLUB SANDWICH CLASSICO</b> Pane, lattuga, tacchino, pomodoro, uovo, bacon, maionese	€ 18
<b>SANDWICH TRIPLE DI POLLO</b> Pane bianco, pollo, avocado, maionese	€ 17
<b>BAGEL AL SALMONE</b> Bagel al salmone	€ 18
<b>TOTAL GREEN</b> Pane integrale, tofu, pomodoro candito, insalata e guacamole	€ 15

## CONTORNI

<b>PATATINE FRITTE AL PEPE NERO</b>	€ 8
<b>BACON AFFUMICATO</b>	€ 6
<b>FAGIOLI E SALSICCIA</b>	€ 8

## SWEETS & PANCAKES

<b>PANCAKES AL NATURALE</b> Con fragola o banana caramellata e sciroppo d'acero	€ 12
<b>LEMON &amp; RICOTTA PANCAKES</b> Con mirtilli e sciroppo d'acero	€ 14
<b>WAFFLE</b> Mela caramellata e gelato alla vaniglia doppia	€ 15
<b>FRENCH TOAST</b> Fragole, panna barzotta, sciroppo d'acero e cannella	€ 15
<b>PORRIDGE</b> Latte (vaccino, di cocco o di mandorla, noci, miele e cannella)	€ 12

## FRUTTA, GRANOLA & MUESLI

<b>MACEDONIA DI FRUTTA FRESCA</b> Frutta fresca di stagione	€ 9
<b>DAL BOSCO</b> Mirtilli, fragole, lamponi al naturale, con zucchero o limone o panna montata	€ 9
<b>MORNING CRUNCH</b> Granola o muesli, fragola, banana, uvetta, miele o sciroppo di acero, a scelta latte o yogurt bianco da agricoltura biologica	€ 9

Si informa la gentile clientela che per eventuali allergie e/o intolleranze alimentari è presente e consultabile l'elenco dei prodotti contenenti allergeni. Per maggiori informazioni rivolgersi al personale. Alcuni prodotti potrebbero essere surgelati all'origine o congelati in loco.

## DESSERT

<b>TORTA DOPPIO CIOCCOLATO</b>	€ 10
<b>BANANA BREAD</b>	€ 10
<b>BROWNIES</b> Al cioccolato nero e noci pecan	€ 10
<b>DELIZIOSE CROSTATE</b>	€ 10
<b>APPLE PIE/ LEMON PIE</b>	€ 10
<b>CHEESECAKE</b> Al naturale con fragole o cioccolato	€ 10
<b>GELATI E SORBETTI</b> I nostri gelati e sobetti di frutta fatti in casa	€ 10

## CENTRIFUGHE E FRULLATI

<b>SUPERGREEN DETOX</b> Cetriolo, sedano, spinaci	€ 8
<b>GAG</b> Guava, ananas, zenzero	€ 8
<b>SPRINTDAY</b> Mela, carota, arancia, zenzero	€ 8
<b>TROPIC THUNDER</b> Melone invernale, banana, papaya, latte di cocco	€ 8

Tutte le verdure servite nei piatti provengono dalla nostra Azienda Agricola biologica Bertarello. Oltre al latte di mucca serviamo latte di mandorla e riso. Serviamo pane fatto in casa e sfornato quotidianamente ai cereali, bianco, alle noci e grissini tirati a mano.

Bar Manager: Ivan Patruno

Bulk Manager: Ruggero Bellazzo

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# BULK BRUNCH

**bulk**  
GIANCARLO MORELLI

SERVED ON SUNDAY  
FROM 11:00 AM TO 4:00 PM

## TO START

<b>PATABULK</b> Mashed potato and sour cream	€ 8	<b>CEVICHE</b> Snapper ceviche and red onion	€ 20
<b>CAVIAR</b>	10 g € 25 30 g € 70 50 g € 115	<b>BEEF TARTARE</b>	€ 20
<b>SALMON</b> Salmon, toasted bread chips, cucumber salad, sour cream	€ 20	<b>GUACAMOLE</b> Avocado guacamole and polenta chips	€ 8
		<b>CHICKEN NUGGETS</b> In breadstick breadcrumbs, spicy mayonnaise	€ 16

## EGGS AND OMELETTE

<b>GREEN &amp; WHITE</b> Scrambled eggs, scallions, cream cheese	€ 13
<b>GOLDIE LOX</b> Scrambled eggs, smoked salmon, cream cheese	€ 16
<b>CLASSIC EGGS BENEDICT</b> Canadian bacon, hollandaise sauce, peppers, chives	€ 14
<b>SALMON EGGS BENEDICT</b> Smoked salmon, hollandaise sauce, peppers, chives	€ 16
<b>GARDEN OMELETTE</b> Omelette with our garden vegetables	€ 12
<b>FARMER'S OMELETTE</b> Spinach & goat cheese omelette	€ 12
<b>ENGLISH BREAKFAST</b> Two eggs with sausage bacon and beans	€ 18

## SALADS, TOAST AND CLUB SANDWICHES

<b>BULK TOAST</b> Prosciutto and cheese toast	€ 10
<b>AVOCADO TOAST</b> Avocado, egg and cream cheese toast	€ 13
<b>CAESAR SALAD</b> Chicken breast, lettuce, parmesan cheese, toasted bread croutons, dressing	€ 18
<b>CHEF'S SALAD</b> Mixed salad, as the Chef wants	€ 15
<b>CATALANA SALAD</b> Lobster, prawns, avocado, tomato and onion	€ 20
<b>CLASSIC CLUB SANDWICH</b> Homemade bread, turkey, tomato, eggs, bacon, mayonnaise	€ 18
<b>TRIPLE CHICKEN SANDWICH</b> White bread, chicken breast, avocado, mayonnaise	€ 17
<b>SALMON BAGEL</b>	€ 18
<b>TOTAL GREEN</b> Whole wheat bread, tofu, candied tomato, lettuce, guacamole	€ 15

## BURGER

<b>BURGER</b> Homemade bread, ground beef, onion, lettuce	€ 18
<b>BACON BURGER</b> Homemade bread, ground beef, bacon, onion, lettuce	€ 18
<b>CHEESEBURGER</b> Homemade bread, ground beef, cheese, onion, lettuce	€ 18

NB : ALL OUR BURGERS ARE SERVED WITH HOME-MADE FRIES (KETCHUP, MAYONNAISE AND MUSTARD)

## SIDES

<b>BLACK PEPPER FRIES</b>	€ 8
<b>SMOKED BACON</b>	€ 6
<b>BEANS AND SAUSAGE</b>	€ 8

## SWEETS & PANCAKES

<b>BUTTERMILK PANCAKES</b> With choice of strawberries, caramelized banana and maple syrup	€ 12
<b>LEMON &amp; RICOTTA PANCAKES</b> With blueberries and maple syrup	€ 14
<b>WAFFLE</b> Caramelized apple and vanilla ice cream	€ 15
<b>FRENCH TOAST</b> Strawberries, whipped cream, maple syrup and cinnamon	€ 15
<b>PORRIDGE</b> Milk or coconut or almond milk, walnuts, honey and cinnamon	€ 12

## FRUIT, GRANOLA & MUESLI

<b>FRESH FRUIT SALAD</b> Seasonal fruit salad	€ 9
<b>FROM THE WOOD</b> Blueberries, strawberries, raspberries with sugar or lemon or whipped cream	€ 9
<b>MORNING CRUNCH</b> Granola or muesli with strawberries, banana, honey or maple syrup, choice of milk or organic plain yogurt	€ 9

We inform patrons with food allergies or intolerances that a list of the allergens in our dishes is available. For further information please ask a member of our staff. Some products may have been frozen or frozen on the spot.

## DESSERT

<b>DOUBLE CHOCOLATE CAKE</b>	€ 10
<b>BANANA BREAD</b>	€ 10
<b>BROWNIES</b> Brownies with black chocolate and pecans	€ 10
<b>DELICIOUS PIE</b>	€ 10
<b>APPLE PIE / LEMON PIE</b>	€ 10
<b>CLASSIC CHEESECAKE</b> With strawberries or chocolate	€ 10
<b>ICE CREAM AND SORBET</b> Our delicious homemade fruit ice creams and sorbets	€ 10

## CENTRIFUGE AND SHAKES

<b>SUPERGREEN DETOX</b> Cucumber, celery, spinach	€ 8
<b>GAG</b> Guava, pineapple, ginger	€ 8
<b>SPRINTDAY</b> Apple, ginger, carrot and orange	€ 8
<b>TROPIC THUNDER</b> Winter melon, banana, papaya and coconut milk	€ 8

All the vegetables that we proudly serve are grown on our organic farm Bertarello. You don't drink milk? Please ask for almond or rice milk. We bake our own bread daily. You can enjoy white, 5 grain or nut bread and hand-drawn grissini

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